

TO CLEAR HEAD AND CLEAN LIVER TAKE A CALOTAB

The Nauseous Calomel Tablet That Is Purified and Refined From the Sickening Effects.

What will human ingenuity do next? Smokeless powder, wireless telegraphy, horseless carriages, colorless indine, tasteless quinine—now comes nauseous Calomel. The new improvement called "Calotabs" is now on sale at drug stores.

For biliousness, constipation and indigestion the new Calomel tablet, in a practically perfect remedy, as evidenced by the fact that the manufacturers have authorized all druggists to refund the price if the customer is not "perfectly delighted" with Calotabs. One tablet at bedtime with a swallow of water—that's all. No tummy trouble, no griping, no salts. By morning your liver is thoroughly cleansed and you are feeling fine, with a hearty appetite. Eat what you please—no danger—go about your business.

Calotabs are not sold in bulk. Get an original package, sealed. Price, thirty-five cents.

INCREASE WEIGHT AND VITALITY WITH PHOSPHATE

Nothing Like Plain Bitro-Phosphate to Put on Firm, Healthy Flesh and to Increase Strength, Vigor and Nerve Force.

The average person is beginning to realize more and more that the lack of physical strength and nerve exhaustion (frequently evidenced by excessive thinness) are the direct cause not only of the failure to succeed in life's struggle for the necessities of existence, but also for the handicap in one's social aspirations. Compare the thin, sickly, anguished frame with the well-rounded form which is usually accompanied by the bloom of health and attractiveness.

That millions of people are conscious of this handicap is evidenced from the multitude of different symptoms, proposing various remedies in food or medicine or exercise, either of which might or might not be appropriate for a given case.

Authorities, however, agree that healthy nerve tissue is absolutely essential to a strong, robust body and mind. Weak nerves, while indicated by a multitude of different symptoms, more immediately and generally result in lack of energy, sleeplessness, irritability, depression, etc., which conditions gradually consume the healthy flesh, leaving only hollows, a flat chest, bony neck and scrawny arms and legs.

Our bodies need more phosphate than most of them are able to extract from the foods we eat nowadays, and many opinions affirm that there is nothing which may be taken into the human system that so effectively supplies this deficiency as the pure organic phosphate known as bitro-phosphate and sold by Washburn-Loomis in Memphis and good druggists everywhere.

The essential phosphoric food elements of bitro-phosphate assimilated by the nerve cells should soon produce a pleasing change in nerve energy and hence increased strength and vitality. With the burdens of nervousness, sleeplessness, lack of energy, etc., lifted, normal weight with its attractive fullness and ruddy glow of health replaces the former picture of skin and bones.

CAUTION—Although Bitro-Phosphate is unexcelled for the repair of nervousness and attendant disorders, owing to its tendency to increase weight, one should watch the scales while taking it unless it is the desire to put on flesh.

Get a bottle from your druggist today. If he won't supply you, write Nashville Medicine Co., Nashville, Tenn., for a free booklet.

WHOOPIING COUGH RUNNING WILD

Four Members of One Family Sick at the Same Time.

MOTHER AND CHILDREN

Lung-Vita Gave Quick Relief, Says Mrs. Holley.

"Two years ago whooping cough ran riot in my family, my three children and being its victims," says Mrs. J. C. Holley, 522 Leon place, Memphis, Tenn. "Nothing we tried seemed to be of any benefit until a neighbor advised us to use Lung-Vita. Immediately after beginning with Lung-Vita the paroxysms grew lighter and all of us were relieved. In a few days we were all much better and soon well."

Nothing will give quicker relief from stubborn coughs, colds, asthmas and bronchitis troubles than Lung-Vita. It is a perfectly safe expectorant made from barium, potash, leaves and medicinal herbs. It soothes the inflamed, irritating and loosens the phlegm.

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BAILER'S FOR Wrist Watches

Elgin Wrist Watches in 20 year guaranteed gold cases, with detachable band \$25.00

15-Jewel Wrist Watch in 20 year guaranteed gold case, with detachable band \$17.50

Soft Gold Wrist Watches, with ribbon or \$25.00 detachable band.

Save Money—Buy Direct



Corner Main and Jefferson

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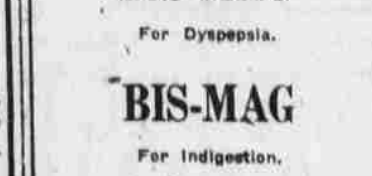
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Scout Weinberg Honored At Hardy

A Large Group of Boy Scouts will go from Helena Friday for a two weeks' outing at Miller, Ark., near Heber Springs. The group will be accompanied by Scoutmaster, Mr. J. H. Hardy, and Scoutmaster, Mr. J. H. Hardy.

MOTHER'S FRIEND Expectant Mothers Relieves Discomfort

At All Drug Stores
Special Bulletin on Discomforts of Pregnancy
Prepared by Dr. J. H. Hardy, M.D.

SCOUTS ON OUTING.

HELENA, Ark., Aug. 22. (Sp.)—A large group of Boy Scouts will go from Helena Friday for a two weeks' outing at Miller, Ark., near Heber Springs. The group will be accompanied by Scoutmaster, Mr. J. H. Hardy, and Scoutmaster, Mr. J. H. Hardy.

ANNOUNCEMENTS.

WATKINS—At residence, 1091 South Fourth street, Friday morning, Aug. 22, 1919, at 1:45 o'clock, William H. Watkins, aged 41 years, husband of Mrs. Lela Watkins.

LEGAL NOTICES.

NOTICE TO BIDDERS.
Notice is hereby given that sealed bids will be received by City Clerk until 12 noon, Tuesday, Aug. 26, 1919, for the construction of a fire engine house on Decatur street, under plans and specifications on file in office of Regan & Waller.

BIDS WANTED.

The Shelby County Commissioners will receive bids at their office, Court-house, up to noon Tuesday, September 2, for erecting a building for the county machine to have not less than eight-foot base.

TRUSTEE'S SALE.

Default having been made in the payment of the debts and obligations secured by a deed of trust, recorded in the office of the County Clerk of Shelby County, Tennessee, in Book 170, page 219, and the owner of the property secured by said deed of trust, to-wit: J. H. Hardy, M.D., has caused this notice to be published.

MISS HORTON BURIED.

The funeral of Miss Rose Horton, who was killed Tuesday night while the automobile of Lawson J. Palls, collided with a small motor truck at Summer and Highland avenues, was held at 10:30 o'clock Friday morning at the Palls home, 1488 Union avenue. The Rev. Edmonds Bennett, D.D., of Birmingham, Ala., formerly pastor of St. Luke's church, Memphis, officiated at the services. Both Miss Horton and Dr. Bennett were natives of England and were friends. The burial was in Elmwood cemetery, where the grave was banked with beautiful floral tributes.

MISS WILLIAMS IMPROVES.

The condition of Miss Margaret Williams, of Raleigh, who was seriously injured Tuesday night by a collision of automobiles at Summer and Highland avenues in which Miss Rose Horton was killed, showed considerable improvement Friday at St. Joseph's hospital, in which she has been through consciousness and the surgeons and attendants were much more hopeful than at any time since she was received at the hospital.

News of Rivers

River Bulletin.
Memphis, Tenn., Aug. 22, 1919.
Stage, Hight, Chg. Fall.

Place	Stage	Hight	Chg. Fall
Pittsburgh	36	10.2	0.1
Cincinnati	30	12.6	0.1
Louisville	28	14.6	0.1
Evansville	35	8.4	0.1
Nashville	40	8.5	0.1
Paducah	43	3.9	0.4
Chattanooga	41	3.9	0.4
Johnsboro	25	3.9	0.4
Omaha	19	7.1	0.1
Kansas City	22	4.7	0.1
St. Louis	25	12.7	0.1
Memphis	35	7.9	0.2
Little Rock	42	8.3	0.3
Shreveport	45	9.9	0.1
New Orleans	18	4.6	0.1

DAILY TEMPERATURES.

United States Weather.
7 a.m. Low, High, Rain.

Place	Low	High	Rain
Abilene	70	82	58
Atlanta	68	82	58
Birmingham	68	82	58
Cairo	70	82	58
Chattanooga	72	80	58
Cincinnati	68	78	58
Corpus Christi	70	82	58
El Paso	70	82	58
Fort Smith	72	84	58
Hatteras	78	86	58
Knoxville	68	80	58
Little Rock	72	82	58
Louisville	72	82	58
Macomb	70	82	58
Memphis	72	82	58
Montgomery	72	82	58
Nashville	70	82	58
St. Louis	70	82	58
Oklahoma	70	82	58
Parkburg	70	82	58
Pennsylvania	70	82	58
Pittsburgh	70	82	58
Raleigh	72	82	58
San Antonio	72	82	58
Shreveport	72	82	58
Victoria	72	82	58

BIRTHS.

Will and Belle McGraw Thompson, 268 Poplar, Aug. 16, boy.
Harry and Thelma Miller, 348 Court, Aug. 16, girl.
Lillard and Flora Richard Watts, 904 Delaware, Aug. 10, boy.
John C. and Alice Scott Grace, 251 Utah, Aug. 4, boy.
Lude and Emma Ross Spillman, 419 Beale, Aug. 15, boy.
James and Leah Hodges, 744 Dixon, Aug. 17, girl.
Celia and Celia Brantlett Jones, 1058 McDowell, Aug. 15, boy.

MARRIAGE LICENSES.

Rebecca Danner to A. B. Carter, Jr., Louisville, Thompson to Willie Wright, Mary Johnson to Green Lewis, Sophie Robinson to Henry Edna, Estelle Brooks to Will Suggs, Lottie Backers to Arthur Anderson, Celeste Wyatt to Bill Suggs.

DEATHS.

Lillian B. Edington, 53 Baptist hospital, Aug. 21, pneumonia, exsanguinated.
Patrick Logan, 17, 427 North Sixth, Aug. 21, pneumonia.
Mrs. Mollie Thomas Kimbrough, 54, 1431 Union, Aug. 15, cerebral aneurysm, hemorrhage.
Rowa Horton, 21, General hospital, Aug. 19, auto accident.
Frank R. Cole, Jr., 1, St. Joseph's hospital, Aug. 20, auto accident.
Ed Hudson, 23, General hospital, Aug. 21, gunshot wound (accidental).

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